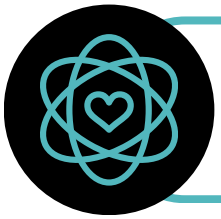
QUICK TIPS

ECHO AUTISM COMMUNITIES

Engaging with Your Physician

Shared decision-making is a collaborative process where patients/families and doctors make health care decisions together. This practice is grounded in mutual respect, collaboration, and informed choices.



You have the right to make decisions about your/your child's healthcare. Your cultural values, preferences, goals, and experiences matter.



Healthcare decisions should be made *with* you, *not for you*. This is why patient/family and physician partnerships are essential.



You have the right to receive clear, balanced evidence-based information about available options of care, including the risks and benefits of each.



Understanding is key to being an active partner in your or your child's care. Ask questions or utilize decision aids, interpreters, and advocates if anything is unclear.



Be open about your level of understanding or if you are uncertain about your options.



Recognize that your choices may change over time, and revisiting options regularly is expected.