

ADDITIONAL RESOURCES

ECHOAUTISM.ORG

ECHO Autism Communities Directory

Resources by Topic

DID YOU KNOW?

- 1 in 31 children has been identified with Autism Spectrum Disorder (ASD)
- ASD is more prevalent in boys than in girls
- ASD occurs in all racial, ethnic, and socioeconomic groups
- Autism can be diagnosed in the first two years of life
- Early intervention will help your child throughout their life
- More than 300 genetic markers are linked to autism

echoautism.org

ECHO AUTISM COMMUNITIES



COULD MY CHILD BE ON THE AUTISM SPECTRUM?

CHARACTERISTICS OF AUTISM



Everyone on the spectrum is unique. Like all people, each autistic person has their own set of strengths and challenges.

A Child On The Autism Spectrum Might:

- Not respond or inconsistently respond to their name
- Communicate without words
- Have difficulty using eye contact, gestures, and sounds or words all at the same time
- Have limited use of gestures such as giving, showing, waving, clapping, pointing, and nodding their head
- Enjoy their own company to the exclusion of others
- Experience and process their own feelings and the feelings of others' differently
- Lack shared attention, sharing toys, or taking turns
- Enjoy playing alone or nearby (but not with) other children
- Not look directly at people
- Look intently at objects or things
- Not point to objects or things of interest
- Engage in risky or dangerous behaviors and not seem to appreciate consequences
- Repeat words or phrases
- Repeat actions over and over (e.g., hand flapping, rocking, spinning objects)
- Have focused or specific interests (e.g., prefer the same toys, clothing, or activity)
- React to smells, tastes, sights, textures, or sounds that others don't notice or react to
- Enjoy routine and resist minor change

WHERE TO GO NEXT

If you notice some of these characteristics on a consistent basis over time, you can:

- Make an appointment with your child's doctor
- Complete a milestone checklist for your child's age
  Checklist
- Ask the doctor for developmental screening for your child
- Ask your doctor if your child needs further developmental evaluation

ECHO AUTISM COMMUNITIES DIRECTORY

ECHO Autism Communities provides training to Missouri Clinicians and Practitioners

MISSOURI AUTISM CENTERS

Autism Centers provide diagnosis, treatment and training

ECHO AUTISM COMMUNITIES

Pediatrics
School of Medicine
University of Missouri

MISSOURI RESOURCES

MISSOURI FIRST STEPS (BIRTH - 3 YEARS)

First Steps is Missouri's Early Intervention system for infants and toddlers, birth to age three, who have delayed development or diagnosed conditions that are associated with developmental disabilities.
Missouri First Steps Parent Information
Call: 1.866.583.2392

SCHOOL DISTRICTS (3 YEARS +)

Call: 573.751.4212 (DESE main office)
School Directory
You may also call your local school district for help

MISSOURI DIVISION OF DEVELOPMENTAL DISABILITIES (ALL AGES)

The Regional Office is the place to start for services offered by the state for individuals with developmental disabilities. The Regional Office determines eligibility for Division Services.

Call: 1.800.207.9329
Regional Offices by County of Residence

LEARN THE SIGNS. ACT EARLY.

From birth to 5 years, your child should reach milestones in how he or she plays, learns, speaks, acts and moves. Track your child's development and act early if you have a concern.
Call: 1.800.232.4636
Milestone Checklist